

Circle of Friends News



September 2023

Our Theme: All about Me

Welcome back to Circle of Friends!! What a great year we will have!! I have lots of fun activities planned for our theme this month, as well as throughout the year. You can see my website, www.circleoffriendsdc.weebly.com, for more information regarding our themes this year, daycare calendar (for days closed and other special days), and a sign language page with video examples of the signs I will be focusing on with the children each month. This month we will focus on body parts & facial features, celebrating our abilities, and talking about family & home. Some fine motor & cognitive activities will include picture matching centers with faces and bodies and families. Some art/sensory activities will include hand painting and foot painting. We will play a body-part action game for large motor focus. Language and literacy activities will include some home-made books that incorporate pictures of our own daycare environment (and friends!) and we will take part in some dramatic play with dolls and mirrors.

Throughout the month, we will be focusing on the number 1, the color blue, the circle shape, and the concepts: big/small, on/off. and "which one?" (making choices).

Extend the learning at home:

Two nursery rhymes I will be focusing on this month are "My Son John" and "This Little Piggy." Research shows that there are several developmental benefits to reciting nursery rhymes with young children, so I encourage you to say these rhymes (and others as well) with your kids at home. See ideas on the back of this newsletter!

September Family Engagement Activity:

Let's spend an evening having dinner together and getting to know the other kids and parents at Circle of Friends Daycare. I will be sending a google form via email to help us narrow down a date and to share more information. Please watch for the email coming soon!!

Dates to Remember:

Sept. 04: **DAYCARE CLOSED** (paid holiday)

Sept. 08: **BLUE** day (wear something blue)

Sept. 15: Book Orders Due

TBD: Fall Daycare Family Picnic

Board Books related to our theme::

(Many available at the Rochester Public Library)

Eyes, Nose, Fingers and Toes, Judy Hindley
Knees and Toes, William B. Winburn
Horns to Toes: and In Between, Sandra Boynton Let's
Dance Little Pookie, Sandra Boynton
Toes, Ears, and Nose, Marion Dane Bauer
Now I am Big!, Stephen Krensky
Richard Scarry's This Is Me, Richard Scarry
What I like About Me!, Allia Zobel Nolan
Welcome Home Baby!, Abigail Tabby
Baby Loves to Wiggle Wiggle, Stacy Sims
Sleepy ABC, Margaret Wise Brown
From Head to Toe, Eric Carle
I Love My Mommy, Andreae Giles
I Love My Daddy, Andreae Giles

Some DR. Seus Books:

Hand, Hand, Fingers, Thumb

The Foot Book

The Eye Book

The Tooth Book

The Nose Book

The Ear Book

The Shape of Me

My Book About Me







All about Me songs and fingerplays



"I Am Special"

(tune: Frere Jacques) I am special.
I am special.

Don't you see? Don't you see?

Someone very special...

Someone very special...

Yes, it's me! Yes, it's me!

(Do this one in front of the mirror.)

"This is me"

(an action poem)
This is me, from my head to my toes.
I have two eyes, and one little nose.
I can wiggle my ears,
And stomp my feet.
From my head, to my toes,
I really am neat!

. "Hands up high"

(an action poem) Hands up high. Hands down low.

Hide those hands, now,

Where did they go?

Out comes one.

Now there's two.

Clap them. Fold them.

Now we're through [place hands in lap].

"Crackers and Crumbs"

Crackers and crumbs.
Crackers and crumbs.
These are my fingers.
These are my thumbs.
These are my eyes.
These are my ears.
They'll all grow big,
In the next few years!

"This is My Family"

(a fingerplay)

[hold up each finger one at a time, starting with thumb]

This is my mother.

This is my father.

This is my brother, tall.

This is my sister.

This is the baby.

Oh how I love them all!

"I Love Mommy"

(tune: Frere Jacques)
I love Mommy. I love Mommy.
Yes, I do. Yes, I do,
And my mommy loves me,
And my mommy loves me.
Loves me too. Loves me too.
(substitute other family members)

Open, Shut Them

Open, shut them, open, shut them,
Give a little clap, clap, clap.
Open, shut them, open, shut them,
Put them in your lap, lap, lap.
Creep them, creep them,
Slowly creep them, Right up to your chin, chin, chin.
Open wide your little mouth,
But do not let them in!

Other songs:

"If You're Happy and You Know it"

"The Hokey Pokey"

"Head, Shoulders, Knees & Toes"